



Nourish – Benedict's Law Brief & Guidance

Benedict's Law is a UK law mandating allergy safety measures in all schools in England, including policies, staff training, emergency medication, and individual care plans.

The law aims to ensure consistent, life-saving protections for children with allergies and anaphylaxis across all schools in England, making allergy safety a legal requirement rather than optional guidance

Key points from the updated guidance include:

- From September 2026, schools are expected to implement the following measures annually:
- School Allergy Policy: **Schools** must develop, publish, and regularly review a comprehensive allergy policy, separate from general medical conditions policies, and display it on their website
- Staff Training: **All staff**, including teachers, caretakers, lunchtime supervisors, and transport staff, must receive training in allergy awareness and emergency response.
- The guidance standardizes practices across schools, ensuring staff are confident in managing allergic emergencies and that children can attend school safely.

At Nourish, the safety and wellbeing of the pupils and staff we cater for is our highest priority. As your school catering provider, we are committed to maintaining a robust allergen management procedure and by working closely with our school partners we will support those with food allergies and special dietary requirements.

As part of our commitment, we:

- Provide menus that clearly identify allergens using recognised allergen keys, helping schools, parents and carers make informed meal choices.
- Ensure all members of our kitchen teams complete allergen awareness training and follow established food safety and allergen management procedures.
- Obtain information from schools regarding pupils' and staff members' food allergies and special dietary requirements to enable us to cater appropriately. We ask that schools continue to notify us promptly of any new or amended allergy or dietary information, enabling us to keep our records up to date and ensure appropriate meal provision.
- Work collaboratively with schools and, where appropriate, parents and carers to discuss individual dietary requirements and ensure suitable meal options are available.

We recognise that effective allergy management is achieved through close communication and partnership. We appreciate the ongoing support and information provided by schools, which enables us to continue delivering safe and inclusive catering for everyone.

For further information on the Government's guidance regarding Benedict's Law and the strengthened protections for children with allergies in schools, please visit:

<https://www.gov.uk/government/news/stronger-protections-for-children-with-allergies-in-school>

If you have any questions regarding our allergen procedures or would like to discuss a specific dietary requirement, please do not hesitate to contact your Nourish representative.

The Nourish Team